**Set 1 Contains 12 Virtues for K to 5**

Each sheet contains 9 identical cards with a space for the child’s name on the front. There is a brief definition of the virtue on the back and space to write a comment to the child.

**How to Use Virtues Appreciation Cards**

There are lots of opportunities each day to recognize virtues in our children. When you see a child committing an act of virtue, write a comment to the child describing how you saw them demonstrate the virtue. For a child who is working on strengthening a particular virtue, the card can be used as a reminder to practice a specific behavior.

**THIS PACKET ALSO INCLUDES:**

- Mini-Poster with 52 Virtues with The Five Strategies of The Virtues Project

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**THE 12 VIRTUES INCLUDED:**

- Cleanliness
- Friendliness
- Cooperation
- Helpfulness
- Determination
- Kindness
- Orderliness
- Peacefulness
- Forgiveness
- Truthfulness
- Tact
- Understanding

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**Virtues: The Gifts of Character**

- Integrity
- Joyfulness
- Justice
- Kindness
- Love
- Loyalty
- Moderation
- Morality
- Orderliness
- Patience
- Peacefulness
- Perseverance
- Purposefulness
- Reliability
- Respect
- Responsibility
- Self-Discipline
- Service

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**Bringing Virtues to Life**
What is The Virtues Project?

Founded in 1991 by Linda Kavelin Popov, Dr. Dan Popov and John Kavelin, The Virtues Project is a global grassroots initiative to inspire the practice of virtues in all aspects of life. The Project is a catalyst for the renewal of kindness, justice and integrity in more than 90 countries and was honored by the United Nations during the International Year of the Family as a “model global program for families of all cultures”.

The Virtues Project has inspired and mobilized many thousands of families, educators, leaders and employees to commit acts of service and generosity, to heal violence with virtues, and to create safe and caring communities.

The Five Strategies are the signature contribution of The Virtues Project. They are based on the virtues that are universally valued by all cultures and traditions.
Virtues: The Gifts of Character

- Assertiveness
- Caring
- Cleanliness
- Commitment
- Compassion
- Confidence
- Consideration
- Cooperation
- Courage
- Courtesy
- Creativity
- Detachment
- Determination
- Diligence
- Enthusiasm
- Excellence
- Flexibility
- Forgiveness
- Friendliness
- Generosity
- Gentleness
- Helpfulness
- Honesty
- Honor
- Humility
- Idealism
- Integrity
- Joyfulness
- Justice
- Kindness
- Love
- Loyalty
- Moderation
- Modesty
- Orderliness
- Patience
- Peacefulness
- Perseverance
- Purposefulness
- Reliability
- Respect
- Responsibility
- Self-Discipline
- Service
- Tact
- Thankfulness
- Tolerance
- Trust
- Trustworthiness
- Truthfulness
- Understanding
- Unity

THE VIRTUES PROJECT™

www.virtuesproject.com
The Five Strategies of The Virtues Project

These strategies help us to live more authentic, purposeful lives, to raise children of compassion and idealism, and to create a culture of character in our schools, workplaces, and communities.

**Strategy 1: Speak the Language of Virtues**
Language has the power to discourage or to inspire. Using virtues to acknowledge, guide, correct and thank awakens the virtues of our character.

**Strategy 2: Recognize Teachable Moments**
Recognizing the virtues needed in daily challenges helps us to become lifelong learners open to the lessons of character.

**Strategy 3: Set Clear Boundaries**
Setting boundaries based on restorative justice creates a climate of peace, cooperation and safety in our homes, schools and communities.

**Strategy 4: Honor the Spirit**
Integrating virtues into our activities, surroundings, celebrations and the arts helps us to sustain our vision and purpose.

**Strategy 5: Offer Companioning**
Being deeply present and listening with compassionate curiosity guides others to find clarity and to create their own solutions. It supports healing and growth.
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